









Chris	Webber	M40	140	00:59:31	0	Chris	Webber	M40	133	00:55:36	0	0	01:55:07
Michelle	Wise	F35	49	00:58:50	0	Michelle	Wise	F35	38	00:56:44	0	0	01:55:34
Stuart	Irwin	M40	136	00:58:29	0	Stuart	Irwin	M40	142	00:58:05	0	0	01:56:34
Sarah	Lidster	F5EN	40	00:56:52	0	Sarah	Lidster	F5EN	67	00:59:57	0	0	01:56:49
Diane	Cox	F35	44	00:57:47	0	Diane	Cox	F35	50	00:59:22	0	0	01:57:09
Fiona	Baxter	F35	43	00:57:39	0	Fiona	Baxter	F35	54	00:59:39	0	0	01:57:18
Aurora	Gomez	F35	40	00:56:59	0	Aurora	Gomez	F35	61	01:00:26	0	0	01:57:25
Louise	Harris	F35	37	00:56:05	0	Louise	Harris	F35	65	01:01:24	0	0	01:57:29
Rik	Vercoe	M5EN	190	00:56:05	0	Rik	Vercoe	M5EN	210	01:01:25	0	0	01:57:30
Keith	Wootten	M50	65	00:59:28	0	Keith	Wootten	M50	59	00:58:19	0	0	01:57:47
Thomas	Cros	M5EN	204	00:59:48	0	Thomas	Cros	M5EN	197	00:58:00	0	0	01:57:48
Caroline	Partner	F5EN	48	00:59:14	0	Caroline	Partner	F5EN	61	00:58:34	0	0	01:57:48
Neal	Jacobs	M5EN	202	00:58:52	0	Neal	Jacobs	M5EN	203	00:59:05	0	0	01:57:57
Gina	Adey	F35	47	00:58:35	0	Gina	Adey	F35	53	00:59:36	0	0	01:58:11
Deirdre	Groves	F35	52	01:00:44	0	Deirdre	Groves	F35	44	00:57:40	0	0	01:58:24
Graham	Emery	M5EN	207	00:59:55	0	Graham	Emery	M5EN	202	00:58:52	0	0	01:58:47
Julian	Bland	M40	145	01:00:56	0	Julian	Bland	M40	144	00:58:26	0	0	01:59:22
Matt	Ashford	M5EN	205	00:59:54	0	Matt	Ashford	M5EN	206	00:59:38	0	0	01:59:32
John	Bennison	M50	68	01:00:19	0	John	Bennison	M50	60	00:59:37	0	0	01:59:56
Nina	Booth	F5EN	53	01:00:40	0	Nina	Booth	F5EN	65	00:59:24	0	0	02:00:04
Phil	Crawley	M5EN	203	00:59:30	0	Phil	Crawley	M5EN	209	01:00:35	0	0	02:00:05
Cathi	Wye	F35	51	01:00:41	0	Cathi	Wye	F35	51	00:59:34	0	0	02:00:15
Caroline	Hirsch	F5EN	51	01:00:17	0	Caroline	Hirsch	F5EN	68	01:00:17	0	0	02:00:34
Toby	Morley	M5EN	210	01:01:43	0	Toby	Morley	M5EN	207	00:59:38	0	0	02:01:21
Anna	Holland	F45	28	01:01:13	0	Anna	Holland	F45	22	01:00:13	0	0	02:01:26
Kirsty	Moore	F35	55	01:00:59	0	Kirsty	Moore	F35	64	01:00:49	0	0	02:01:48
Sally	Swift	F45	26	00:59:47	0	Sally	Swift	F45	25	01:02:20	0	0	02:02:07
Jenny	Griffiths	F5EN	58	01:02:52	0	Jenny	Griffiths	F5EN	66	00:59:38	0	0	02:02:30
Wendy	Smith	F5EN	50	01:00:04	0	Wendy	Smith	F5EN	79	01:02:39	0	0	02:02:43
Gary	Potts	M40	154	01:14:53	0	Gary	Potts	M40	77	00:47:54	0	0	02:02:47
David	Laws	M50	70	01:01:44	0	David	Laws	M50	65	01:02:06	0	0	02:03:50
Joanne	Fisken	F35	60	01:03:04	0	Joanne	Fisken	F35	62	01:00:49	0	0	02:03:53
Gary	Avery	M40	147	01:01:27	0	Gary	Avery	M40	151	01:02:45	0	0	02:04:12
Maureen	Cowley	F35	53	01:00:52	0	Maureen	Cowley	F35	71	01:03:31	0	0	02:04:23
Martin	Rains	M50	71	01:03:37	0	Martin	Rains	M50	61	01:00:48	0	0	02:04:25
Nicole	Kavanagh	F5EN	62	01:03:41	0	Nicole	Kavanagh	F5EN	70	01:00:55	0	0	02:04:36
Carrie	Drewery	F5EN	60	01:03:18	0	Carrie	Drewery	F5EN	76	01:02:07	0	0	02:05:25
Jean	McWilliam	F35	64	01:04:51	0	Jean	McWilliam	F35	63	01:00:49	0	0	02:05:40
Kirstie	Smillie	F35	62	01:03:41	0	Kirstie	Smillie	F35	68	01:01:59	0	0	02:05:40
Simon	Hagan	M40	148	01:02:41	0	Simon	Hagan	M40	152	01:03:08	0	0	02:05:49
Joanne	Hart	F35	58	01:01:55	0	Joanne	Hart	F35	75	01:04:03	0	0	02:05:58
Dionne	Mackenzie-Jones	F5EN	63	01:03:57	0	Dionne	Mackenzie-Jones	F5EN	77	01:02:26	0	0	02:06:23
Sam	Hannington	F35	61	01:03:05	0	Sam	Hannington	F35	72	01:03:31	0	0	02:06:36
Donna	Lynch	F35	59	01:02:48	0	Donna	Lynch	F35	74	01:03:58	0	0	02:06:46
Jill	Rutherford	F35	63	01:04:33	0	Jill	Rutherford	F35	69	01:02:41	0	0	02:07:14
Martin	Sharrod	M40	150	01:06:08	0	Martin	Sharrod	M40	150	01:01:48	0	0	02:07:56
Fraser	Hymas	M5EN	212	01:02:23	0	Fraser	Hymas	M5EN	214	01:05:43	0	0	02:08:06
Adam	Harrington	M5EN	218	01:06:23	0	Adam	Harrington	M5EN	213	01:03:52	0	0	02:10:15
Louise	Jelley	F5EN	69	01:07:01	0	Louise	Jelley	F5EN	82	01:03:40	0	0	02:10:41
Melanie	Shell	F5EN	65	01:06:03	0	Melanie	Shell	F5EN	87	01:04:45	0	0	02:10:48
Katherine	New	F5EN	68	01:06:40	0	Katherine	New	F5EN	85	01:04:37	0	0	02:11:17
Thano	Thanabalasingam	M40	151	01:06:48	0	Thano	Thanabalasingam	M40	153	01:04:44	0	0	02:11:32
Amanda	Aumonier	F5EN	70	01:07:28	0	Amanda	Aumonier	F5EN	84	01:04:31	0	0	02:11:59
Nicola	Taylor	F5EN	66	01:06:12	0	Nicola	Taylor	F5EN	88	01:05:52	0	0	02:12:04
James	Page	M5EN	216	01:05:12	0	James	Page	M5EN	217	01:07:15	0	0	02:12:27
Richard	Simpson	M60	21	01:04:04	0	Richard	Simpson	M60	23	01:08:39	0	0	02:12:43
Brian	Hicks	M50	72	01:08:19	0	Brian	Hicks	M50	66	01:04:25	0	0	02:12:44
Dom	Hinde	F35	68	01:08:27	0	Dom	Hinde	F35	76	01:05:05	0	0	02:13:32
Liz	Selby	F45	34	01:07:45	0	Liz	Selby	F45	29	01:06:42	0	0	02:14:27
Lucy	Blanchfield	F5EN	74	01:09:37	0	Lucy	Blanchfield	F5EN	91	01:07:31	0	0	02:17:08
Emma	O'Brien	F35	67	01:08:26	0	Emma	O'Brien	F35	83	01:09:17	0	0	02:17:43
Lucia	Ivankova	F5EN	83	01:15:06	0	Lucia	Ivankova	F5EN	80	01:03:10	0	0	02:18:16
Paul	Brooks	M50	73	01:10:38	0	Paul	Brooks	M50	67	01:08:16	0	0	02:18:54
Mark	Sinclair	M5EN	224	01:09:23	0	Mark	Sinclair	M5EN	218	01:09:36	0	0	02:18:59
Rachel	Sinclair	F5EN	73	01:09:23	0	Rachel	Sinclair	F5EN	92	01:09:36	0	0	02:18:59
Chris	Lyne	F45	38	01:11:21	0	Chris	Lyne	F45	30	01:08:16	0	0	02:19:37
Sally	Ashford	F35	74	01:13:19	0	Sally	Ashford	F35	81	01:08:20	0	0	02:21:39
Helena	Hewson	F35	75	01:14:13	0	Helena	Hewson	F35	78	01:07:41	0	0	02:21:54
Guy	Higginson	M5EN	222	01:08:54	0	Guy	Higginson	M5EN	221	01:13:27	0	0	02:22:21
Kate	Turnell	F35	71	01:11:26	0	Kate	Turnell	F35	88	01:11:19	0	0	02:22:45
Natalie	Pollard	F35	72	01:11:27	0	Natalie	Pollard	F35	87	01:11:19	0	0	02:22:46
Lesley	Harden	F5EN	76	01:11:15	0	Lesley	Harden	F5EN	99	01:15:43	0	0	02:26:58
Sarah	Moyles	F5EN	81	01:14:44	0	Sarah	Moyles	F5EN	98	01:15:27	0	0	02:30:11
Vicki	Roberts	F5EN	87	01:17:01	0	Vicki	Roberts	F5EN	97	01:15:06	0	0	02:32:07
Jackie	Bridges	F35	76	01:16:56	0	Jackie	Bridges	F35	90	01:16:12	0	0	02:32:08
Ryan	Keynes	M5EN	0	DNF	0	Ryan	Keynes	M5EN	70	00:43:55	0	0	02:33:08

Martin	Cole	M40	0	DNF	0	Martin	Cole	M40	78	00:48:04	0	0
Alistair	Gibson	MSEN	82	00:45:39	0	Alistair	Gibson	MSEN	0	DNF	0	0
Graeme	Hawsett	M40	91	00:50:00	0	Graeme	Hawsett	M40	0	DNF	0	0
John	Morriss	M40	115	00:54:05	0	John	Morriss	M40	0	DNF	0	0
Gemma	Squibb	FSEN	84	01:15:06	0	Gemma	Squibb	FSEN	0	DNF	0	0

